

QUIT happens

Smoking is bad for you – but you already knew that.

Are you thinking about quitting?

If you're ready, join  **Quit Happens:**
*A place for restaurant & bar staff
who want to quit smoking*

Join  **Quit Happens** to:

- Talk to others about quitting
- Help you quit smoking
- Save money, live stronger
- **Win prizes!**

Have a
smartphone?

Scan this with your
QR reader app



and join now!

quithappens.ca

THE  LUNG ASSOCIATION™
When you can't breathe, nothing else matters.