

Indoor Pest Control...Easy as 1 - 2 - 3

You don't have to jeopardize your family's health to get rid of pests.

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| <p>1. Prevention is the key.</p> | <ul style="list-style-type: none">• Keep window screens in good repair.• Do not store wood in the house.• Repair or seal cracks and crevasses in the walls and foundation of the home.• Keep surfaces free of food residues.• Keep all food and compostables in covered hard plastic, metal, glass, wood, or ceramic containers.• Check children's closets for candy wrappers, etc.• Keep woolens in cedar closets or chests or in sealed plastic bins.• Teach children not to share combs, brushes, or head gear.• Give your pet oral flea and tick prevention medication.• Keep the humidity in your house at 30 - 50% |
| <p>2. If there is a problem, use simple, non toxic remedies.</p> | <ul style="list-style-type: none">• For all crawling insects such as ants, cockroaches and earwigs, plain glue traps containing a food attractant are effective.• Sprinkle cayenne pepper across the point of entry of ants, outside or inside the house.• Rolled up damp newspapers will catch earwigs.• Simple vacuuming can help control fruit flies and house flies.• Put woolens in freezer to kill moths and larvae. Pherhormone traps can catch the adults and are available from pest control companies.• If there is a problem with fleas or lice, shampoo your carpets, and upholstery, and launder any material which may have come into contact with them. Vacuum frequently.• Use a head lice shampoo which does not contain pesticides.• Shower or hose down house plants containing aphids, or wash with a bucket of water containing one tablespoon of plain dish detergent. |
| <p>3. For help in a crisis, hire a pest management company.</p> | <ul style="list-style-type: none">• Most companies offer chemical-free treatment alternatives for schools and hospitals. Ask for them.• If all else fails, or if someone else makes a decision to spray pesticides, remove all food, evacuate the premises until pesticide has broken down, air thoroughly, and wash all dishes and cutlery, bedding, upholstery etc. |